**ALDERBURY FC COVID-19 – Self Assessment Health Checklist**

**MEASURES PUT IN PLACE TO MITIGATE COVID-19 RISKS**

* Anyone who’s deemed vulnerable in respect of COVID-19 is reminded to follow the [Governments Guidance](https://www.gov.uk/coronavirus), only returning to football when it’s right to do so
* If a Coach, player or cohabiting family member has Covid-19 symptoms, they MUST not attend any football activity and immediately notify club. The committee will then make the final decision when the Coach or player can return to training.
* To avoid the risk of spreading COVID19 please complete the Health Self-Assessment below before undertaking any football activity.

